Our first Measure P Slurry Project is complete! You’ll find resurfaced streets in nearly every neighborhood. The total amount of slurry seal placed was 1.28 million square feet. This equates to almost 30 acres or a little more than 22 football fields. The total number of streets that will be touched by Measure P over the four year span is a little more than 9 million square feet. Work on streets has paused for the summer months to accommodate residents during the busy tourist season.

The next Measure P project will address sidewalk repairs. The Monterey City Council approved this next phase at the July 7 Council meeting. Lighthouse Avenue will be one of the main areas of focus. A path of travel will remain open to all businesses during construction. Pedestrian detours may be used, and the contractor will place new concrete within 36 hours of the removal of the bad sections.

If you have feedback about the work done, please let us know. Call 646-3760, email us at suggest@monterey.org, or complete the online comment form.

The website has been updated and includes photos, videos, FAQs, fun facts and an interactive map of citywide projects.

You can also send us your comments about the work done on our new civic engagement platform that gathers community feedback - monterey.mysidewalk.com
Monterey gets a new Police Chief
BY COMMUNICATIONS & OUTREACH MANAGER ANNE McGRATH

Monterey City Manager Mike McCarthy named Interim Police Chief Dave Hober to the position of Police Chief, effective July 16, 2015. Hober was selected following a public recruitment, competitive screening and interview process. Hober joined the Monterey Police Department in February 2015 as the Assistant Chief. He was named Interim Chief in May 2015, after the retirement of Chief Phil Penko.

“I feel extremely lucky to be able to work in this capacity with The Monterey Police Department,” said Chief Hober.

monereypolice.org

New Facebook page at PD
BY COMMUNICATIONS ASSISTANT LAURIE HUELGA

The Monterey Police Department just launched a Monterey Police Facebook page. They are eager to connect with the community on this new platform. Follow them to stay up to date with the latest Police news, including safety tips and alerts.

It’s another way they are working to fulfill their mission:

“Responsive to All, Second to None, Every Time”

The Facebook address is facebook.com/MontereyPolice.

Budget Update
BY FINANCE ADMINISTRATION

The City of Monterey posts budget information on the website at monereypolice.org. This is the first year the City formalized a two year budget; the budget was usually a one year budget. Finance Director Jimmy Forbis explains, “We will ask the City Council to appropriate two years of spending in one budget document. This gives the Council a little longer view of what's going on financially and we can always adjust as we go.”

The Operating Budget is a called a "Biennium" and is for fiscal years 2016 and 2017.
about the fire prevention precautions they have installed,” said Fire Chief Gaudenz Panholzer. “Consumer pressure applied directly to businesses typically can institute change.”

Pet owners also should make sure their homes are equipped with smoke and fire detectors and have a plan of escape for everyone in the family, including pets, in case of fire. According to the U.S. Fire Administration, half a million pets are affected by fire each year. Dogs and cats are not likely to get out of a home or apartment during a fire, and instead may go to a hiding place under a bed or in a bathroom.

You can make pets part of your family’s emergency plan by doing the following:

- determine which family member will be responsible for each pet
- know your pet’s favorite hiding places
- bring a pet carrier if you evacuate your home as a safe place for your pet
- place a Pet Alert window sticker with the number of pets in your home on a window or door near the front so rescue teams know how many pets you have
- make a plan with relatives or neighbors to temporarily keep your pet if you are evacuated and unable to bring your pet into a shelter

The Monterey Fire Department serves Monterey, Pacific Grove, Carmel-by-the-Sea, Sand City, Presidio of Monterey, Naval Postgraduate School, La Mesa Village and Monterey Regional Airport.

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The City of Monterey wants to start an online dialogue with residents. MySidewalk is a new civic engagement platform that gathers community feedback. It’s really easy: visit monterey.mysidewalk.com and sign up.

Every few weeks, the City of Monterey will ask questions or post polls. For example, this summer, the City completed a phase of Measure P street repairs. The City wants to hear feedback about the quality of improvements and our communications efforts. How would you rate the work done in your neighborhood? What are the best ways to notify you about Measure P construction work? Let us know on Monterey’s MySidewalk page!

This tool is a great way to engage with fellow residents and government officials. Your input can directly inform local decisions. Join the discussion at monterey.mysidewalk.com!
Monterey fire service ranks top 2% nationwide
BY COMMUNICATIONS & OUTREACH MANAGER ANNE McGrath

The Insurance Services Office (ISO), which ranks communities fire protection services for insurance companies, has raised the ratings for areas served by the Monterey Fire Department. Improved ratings may lead to lower insurance rates for customers in a community because of reduced risks.

“The new ISO ratings are good news for the communities served by Monterey Fire,” said Chief Panholzer. “With some work, we were able to improve the ratings of all the communities in our service area to a 2.” As a result of a meeting between Chief Panholzer and ISO, Pacific Grove, Sand City, and the Airport were raised to a 2.

Pacific Grove City Manager Tom Frutchey thanked Chief Panholzer for his efforts on behalf of the P.G. City Council and community.

Read the full story at monterey.org/fire

“Experience has shown that a typical property should be able to receive roughly a 5% decrease. For an annual insurance premium of $1,000, that can represent a $50 savings each year.”

Pacific Grove City Manager Tom Frutchey

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Emergency Preparedness Fair in September
BY MONTEREY FIRE DEPARTMENT EMERGENCY COORDINATOR DAVID POTTER

Vacation season is in full swing, but remember an emergency or disaster can happen at any time. So stay informed, have a plan, and make a supply kit!

For more information plan on attending Community Hospital of the Monterey Peninsula’s “Emergency Preparedness Fair” at Del Monte Center, Saturday September 26, from 11:00 a.m. - 3:00 p.m. Additional emergency preparedness information can be found at Monterey.org/emergency

To help ensure you stay informed in case of an emergency or disaster be sure your mobile phone is registered with AlertMontereyCounty.org. Alert Monterey County is the system used by local safety officials to deliver emergency notifications to those in danger of being impacted by an emergency or disaster. You have to opt-in if you want alerts sent to your mobile phone.

Don’t forget! Sign up today.

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Can you walk the walk?
BY TRAFFIC ENGINEERING INTERN BRENNAN FAHSELT

Test your understanding of crosswalks with this quick 2-minute survey! This survey will give us helpful input on people’s understanding of crosswalks. The Traffic Engineering Division is currently writing a new city crosswalk policy.

You can also find the survey at monterey.org/traffic.
New electric vehicle charging stations
BY ENVIRONMENTAL PROGRAMS COORDINATOR TED TERRASAS

The City of Monterey installed two new electric vehicle (EV) charging stations in the Calle Principal Garage bringing the total of charging areas in Monterey to four:

1. Calle Principal Garage, 440 Calle Principal Street, two stations, $0.75 per hour to park, four hour maximum. (J1772 connector)
2. Downtown West
3. Behind City Hall on Dutra Street. (120 volt plug in)
4. On Pearl Street and Camino El Estero, next to the cemetery across from the Youth Center. (120 volt plug in)

The units were donated to the City through the Monterey County Gives! campaign in partnership with The Offset Project.

The Offset Project works with communities to implement best practices in environmental stewardship. The City hopes that the new electric vehicle charging stations will help reduce air pollution in the City and attract electric vehicle owners to Monterey.

Cycling Safety
BY MONTEREY POLICE OFFICER AARON GRAY

Cycling is one of many top attractions that bring tourists to Monterey. Whether it’s for the Sea Otter Classic, the Amgen Tour of California, the Best Buddies Challenge, or just to take a ride in some of the breathtaking scenery around.

However, according to the National Highway Transportation and Safety Administration, in 2013 there were an estimated 743 bicycle fatalities and 48,000 bicycle related injuries in the United States.

California enacted a new law in regards to bike safety. California Vehicle Code Section 21760 states a driver of a motor vehicle shall not overtake or pass a bicycle proceeding in the same direction on a highway at a distance of less than three feet between any part of the motor vehicle and any part of the bicycle or its operator.

The new law also states that if a driver is unable to give a cyclist three feet due to traffic or road conditions (including weather and width of the highway), the driver must instead slow to a reasonable speed and pass when doing so will not endanger the bicyclist.

This law will not eliminate deaths or injuries but hopefully will have a tremendous impact on the number of accidents in the future.

3 FEET IS THE MINIMUM LEGAL DISTANCE FOR PASSING CYCLISTS ON THE ROAD IN YOUR CAR.
Annual beach report card
BY ENVIRONMENTAL REGULATIONS MANAGER TRICIA WOTAN

Each year, Heal the Bay (HTB) releases an Annual Beach Report Card, and the new 2015 report is available! The study examined monitored beaches up and down the western U.S. coast and assigned each beach an A-to-F letter grade based on bacterial results from three reporting periods in 2014-2015.

This year’s research found that about 95% of 468 California coastal beaches studied received an A or B grade during the extended summer dry period between April - October 2014, similar to last year’s results.

This year, 76% of Monterey County beaches were rated A or B with a few “under-performing” beaches, and 75% of Santa Cruz beaches scored an A, with a couple receiving an F. During wet weather, about one in four beaches receives an “F” due to high volumes of untreated storm water runoff discharging directly into local waterways, often degrading local beach water quality.

With the extraordinary multi-year drought in California, it’s believed the lack of polluted runoff reaching local beaches may be a strong influencing factor in the overall positive outcome of this year’s report.

In preparation for when the storms do return, HTB’s policy staff “is advocating for a public funding measure to build infrastructure projects that capture, cleanse and reuse storm water rather than dumping it uselessly into the sea. Progressive city planning, smart public infrastructure and so-called Low Impact Development in the private sector would turn a nuisance into a resource.”

To see this year’s Honor Roll or Top 10 Beach Bummers, visit the HTB Report Card website.

Update: Mackerel school in the marina exits safely
BY COMMUNICATIONS & OUTREACH STAFF

Last month schools of mackerel and sardines were found visiting in and around the Monterey Municipal Marina. The confined marina does not offer enough oxygen for so many fish at once, and if they stay too long, they will suffocate. So the city deployed aerators to pump oxygen into the water and prevent a massive and stinky die-off.

Harbormaster Steve Scheiblauer said the school left the marina alive after three days. He believes the aerators kept them alive. A greater tide range also helped. Smaller schools of mackerel have visited the harbor since, but not enough that they had to deploy the aerators again.

Monterey Harbor employee AJ Young took this two minute video of the scene.

Learn more about the City’s Stormwater Program at monterey.org/stormwater

www.youtube.com/watch?v=dAbrp3TI_TnM

Learn more about the Harbor and Marina at monterey.org/harbor
Monterey Car Week Traffic Alerts

BY COMMUNICATIONS & OUTREACH MANAGER ANNE McGRAH

The City of Monterey will host eight events during Monterey Car Week 2015. Anyone who lives, works, visits or goes to school in Monterey should be prepared for traffic delays and detours during this week of events. Downtown Monterey and Cannery Row will experience higher-than-normal volumes of traffic as car carriers make their way through the City and auto enthusiasts from around the world converge on the Monterey Peninsula for car auctions and auto shows. Taking alternate routes to get around town and to access car events, parking a bit farther away and walking, and using the free trolley between downtown and Cannery Row are a few strategies for minimizing traffic delays during Car Week. Please anticipate some lane and/or road closures.

Monterey Car Week events include:

- RM/Sotheby’s Car Auction
- Russo & Steele Collector Automobile Auction
- Rick Cole Auction
- The MECUM Daytime Auction
- JR-Auctions Cannery Row Car and Yacht Auction
- Exotics on Cannery Row
- Monterey AutoLuxe
- Laguna Seca Race Week Kick-off

Up-to-date Car Week information will be available at monterey.org, and the City of Monterey social media sites. You can also refer to see monterey.com and to see a calendar listing all car events available on the Concours website, pebblebeachconcours.net/

Lane and/or road closures:

- Del Monte Avenue between Washington and Alvarado streets will be down to one lane, August 8-17 from 7 a.m. to 9 p.m.

- The driveway entrance to the Portola Hotel and Conference Center will be closed Thursday through Saturday, August 13-15.

- Cannery Row will be closed from Hoffman to Drake, Wednesday through Saturday, August 12 - 15 from 10 a.m. – 5 p.m.

- The entire length of Cannery Row (David Avenue to Drake) will be closed Friday, August 14 from 2-10 p.m.
Dubrovnik, Croatia - "Team Monterey" visited sister city Dubrovnik, Croatia in May to participate in the inaugural Dubrovnik International Half Marathon. The event included a half marathon, a 2K run on the wall, and a kids run. The old city of Dubrovnik is surrounded by a true medieval wall. Hundreds gathered from far and wide representing nearly 40 countries to participate and partake in the multi-day festivities in this spectacularly beautiful city. As their website so powerfully describes, "Dubrovnik is steeped in stunning architecture and sculptural detail. Nestled on the Adriatic Sea, Dubrovnik is one of the most beautiful destinations in the Mediterranean." Team Monterey couldn't agree more.

No city funds were used for this trip.

Runners interested in participating in the 2nd annual event can visit the official website and check out all the photos from this year.

Monterey and Dubrovnik have been sister cities since 2006.

Nanao, Japan - The Monterey Peninsula-Nanao Friendship Association, the City of Monterey and other partners are gearing up to celebrate and welcome the 20th year of a sister city relationship between Monterey and Nanao, Japan.

Twenty delegates from Nanao will visit Monterey in September to commemorate the long-standing friendship, a friendship that includes business, educational partnerships, and local government partnerships.

They will be very busy during their stay, attending the Monterey Jazz Festival, visiting Cannery Row, the Monterey Bay Aquarium, Community Hospital of the Monterey Peninsula, Del Monte Center, and the Farmer’s Market at Old Monterey Marketplace. They will also have opportunities to tour 17-Mile Drive, Big Sur and Carmel. A highlight will include a 20-year commemorative event at the Sister City Park along the Monterey Recreation Coastal Trail.
Finding motivation to stay fit is a common challenge. It takes intention (motivation) plus action to equal results. The more motivated you are, the easier it is to take action (exercise) to realize your fitness goals.

Understanding the benefits of exercise – including reduced risks of cardiovascular disease, obesity, diabetes, colon cancer and all-cause mortality as well as increased energy, improved fitness and better quality of life – can be a motivator. Intrinsic motivators can also include reduced depression and anxiety levels, enhanced mood, improved confidence and self-esteem, and heightened need to enjoy activity.

Common recommendations for building and maintaining exercise motivation include the following:

Set a goal or vision - Clearly specify how you will know when you've reached your goal.

Strategize - Develop a realistic action plan.

Use environmental cues - Put your gym bag by the door, so you remember to take it to work. Or schedule your workouts into your calendar or planner and set electronic reminders on your cellphone or computer.

Have fun - Find an activity that you enjoy and will stick with.

Make it convenient - Exercise at home to fitness DVDs if you don't have time to drive to the gym. Exercise at the time of day when you have time and you enjoy doing it.

Record your progress - Keep a written record of your exercise (weights, sets, reps; distance walked, run, or biked; flights of stairs climbed; etc.) to provide information about progress that reinforces your exercise behavior.

Build a social support network - Find a buddy with whom you can work out regularly. If you need additional help and accountability, you can hire a personal trainer. Look for a trainer who is credentialed by a well-known organization, such as ACSM.

Reward yourself - Treat yourself to something that is compatible with your health and fitness goals (e.g., not a piece of chocolate cake, but something else you enjoy, like a movie, flowers or new exercise clothing).

Believe in yourself - You can implement a strategy and achieve your vision.

Persist - Making good exercise and nutrition choices day after day can be challenging. If you have momentary setbacks, accept them and get back on track. Your exercise goals depend on your ability to understand your exercise personality and motivators.

"It’s all about knowing what makes you tick and pairing intention with action to achieve tremendous fitness results."
"Voices & Images: Monterey Remembered" Photo Exhibit

BY LIBRARY SPECIAL SERVICES COORDINATOR JEANNE MCCOMBS

The Monterey Public Library continues work on its Community Heritage project “Voices & Images: Monterey Remembers,” collecting on-camera interviews and photographs from long time Japanese-American residents of Monterey. As part of this project, funded through a grant from the Thomas Doud, the Sr. and Anita M. Doud Fund I and the Marcia F. DeVoe Fund of the Community Foundation for Monterey County, the Library has collected 16 new interviews, over 350 photographs, 15 personal biographies for addition to the Library’s archival collections, and has had these and other interviews from previous oral history projects professionally transcribed.

The final phase of this project will be an exhibit of a subset of the photos collected from Japanese-Americans who participated in this project, which will be on display in Casa Gutierrez in October. The exhibit opening will take place on Friday, October 2, 5:00–7:30 p.m. in the historic adobe located at 590 Calle Principal. The exhibit opening will be the kick-off event of Historic Monterey’s annual History Fest and will be open during History Fest weekend (October 2-4) from 12 noon – 4:00 p.m. Thereafter, the exhibit will continue Thursdays through Sundays, and will close on October 24.

For more information contact Jeanne McCombs at 646-3949 or Dennis Copeland at 646-3741 or email mccombs@monterey.org.

Photo: MRY9308. Brothers George and Frank Uyeda with the family Dodge car. 1938. Donor: Doris Uyeda.
July 4th by the numbers
BY COMMUNICATIONS & OUTREACH TEAM

Monterey Firefighters Charity Pancake Breakfast

- 40 + volunteers
- Old Monterey Business Association sponsored TV and radio ads
- 830 people served
- 1,700 pancakes
- 512 eggs
- 2,150 sausages
- 8 gallons of syrup
- $8,000 raised for My Museum and Movies in the Park

A benefit for:

MY
MUSEUM
MONTEREY COUNTY
YOUTH MUSEUM

See all the photos at monterey.org/july4th
Downtown Monterey Parade

- 22,000 spectators
- 60 parade groups
- 140 Santa Clara Vanguard Cadets
- 4 Mayors Grand Marshalls
- 25 bagpipers
- 1 helicopter

Big Little Backyard BBQ & Entertainment Extravaganza

- 10,000 attendees
- 4 bands
- 11 non-profit booths
- 5.5 hours of non-stop music, carnival games and bounce house fun

Monterey County Pops! at Golden State Theatre

- 920 attendees
- 40+ musicians

Big Little Backyard BBQ Photos by volunteer photographer Tom Cho
On July 16, the City of Monterey and Old Fisherman’s Wharf were proud to welcome the Special Olympics torch. The Flame of Hope was carried by the Law Enforcement Torch Run for Special Olympics Final Leg team. The team was made up of international law enforcement officers and Special Olympics athletes. The torch is traveling through over 100 communities on its way to the Special Olympics World Games in Los Angeles.

A welcoming ceremony was held at the end of the wharf. The team was welcomed by Monterey City officials, Old Fisherman’s Wharf business owners and local Special Olympics athletes. After speeches and a gift exchange, the community got an opportunity see the torch and meet the Final Leg team. It was an inspiring event that brought awareness to this important program. Good luck to the Final Leg team and all Special Olympics athletes!
Every year, millions of people travel along the Recreation Trail between Old Fisherman’s Wharf and San Carlos Beach Park. Most do not know the historic significance of this stretch of shoreline. Landing ceremonies were held here to celebrate the discovery of the Monterey Bay in 1602, and the founding of the Presidio of Monterey in 1770.

Thanks to funding and support from the Neighborhood Improvement Program (NIP), a new mural will educate visitors about this little-known history. In July, city officials, NIP representatives and mural artist Stephanie Rozzo unveiled the 12 x 5 foot mural at a special ceremony. It features the landmark oak tree where Spanish explorers claimed Monterey for Spain. It depicts what the natural site looked like over 400 years ago. It is the largest public art unveiling in 15 years! Take a walk on the Recreation Trail and learn more about this important site.