

City Focus

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"Monterey Model" Leads the Way with Signing of New 5 Year Agreement



The Presidio of Monterey (POM) and the City of Monterey's Presidio Municipal Services Agency (PMSA) entered into a new five year agreement for the delivery of municipal services. A signing ceremony for this Intergovernmental Support Agreement (IGSA) took place in front of Colton Hall on October 11, 2016.

The IGSA is the first of its kind, providing a broad range of municipal services to a military installation. The agreement covers operations, maintenance and repair of the Presidio of Monterey, Ord Military Community, and Camp Roberts in southern Monterey County.

This unique municipal-military partnership is nationally known as the "Monterey Model". Many

communities around the country are now trying to replicate this successful program.

"Starting as a pilot program in Monterey, I'm extremely proud to see the innovative municipal-military collaboration now being implemented nationwide," said Congressman Sam Farr. "As we have proven in Monterey, the Department of Defense achieves cost savings when local government can implement the 'Monterey Model' of providing base operations services to our defense installations."

"This is government supporting government at its finest," said City Manager Mike McCarthy. "The Council's mission, originally given to staff in 1997, remains: Lower the

"This is government supporting government at its finest," said City Manager Mike McCarthy.

operational costs for base maintenance functions by leveraging Monterey's existing resources and economies of scale."

PMSA is a joint powers authority that includes the cities of Monterey and adjacent Seaside. PMSA has provided services to our local military installations since 1998, saving the federal government millions of dollars.

See event photos and learn more at monterey.org/MontereyModel



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Monterey proud to be a "Hidden Heroes City"



In September, the Monterey City Council officially proclaimed the City of Monterey as a "Hidden Heroes City." Monterey was one of the first cities to sign on as a Hidden Heroes City, a key national initiative of the campaign designed to develop military caregiver resources at a local level.

Monterey was recognized on September 27, 2016 as Tom Hanks and Tom Brokaw joined Senator Elizabeth Dole in Washington, DC to launch Hidden Heroes, a ground-breaking campaign created by the Elizabeth Dole Foundation to call vital attention to America's 5.5 million military and veteran caregivers.

Each Hidden Heroes City pledges to help identify local military caregivers and organize community resources to offer them vital support.

"Monterey is proud to help bring a spotlight to the caregivers living in our community. We understand that our proclamation requires all of us to creatively find new ways to support the hidden heroes," said City Manager Mike McCarthy.

In partnership with the Elizabeth Dole Foundation's national Hidden Heroes campaign, the City will also designate May 1 of each year to honor and recognize caregivers of wounded veterans.

Individuals caring for someone who served, or those who wish to support the campaign can visit HiddenHeroes.org for more information.

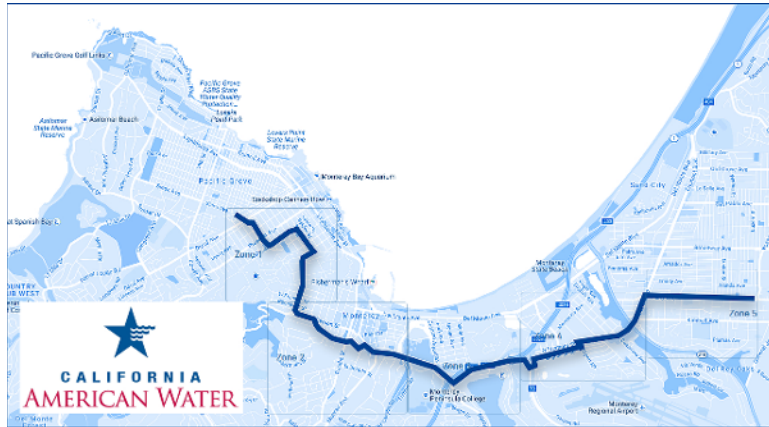
The CalAm Monterey Pipeline Project

BY CAPITAL PROGRAMS COORDINATOR MARYN MILLER

California American Water (CalAm) is constructing a roughly 7-mile, 36" diameter water transmission pipeline that would go through sections of Seaside, Pacific Grove, and Monterey, including portions of North Fremont Street, New Monterey, and the Presidio of Monterey. The pipeline is needed in order to deliver water from the advanced treatment, water recycling project, Pure Water Monterey, to California American Water customers on the Monterey Peninsula.

The pipeline will help bring 3,500 acre feet of new water to the Monterey Peninsula in 2018, which is urgently needed in order to

respond to cutback orders on the Carmel River, our community's current, primary source of water.



Eventually, the pipeline will also be used to convey desalinated water to the Peninsula.

Phase 1 (Oct. 2016 – Nov. 2016) will focus on water service relocation. In order to make room for the large transmission line that will connect the

desalination plant and the Pure Monterey project to our distribution system, some existing service

lines will have to be relocated. This will occur between October and November of 2016. In certain areas, water lines will be dug up and moved in areas where they will be in the way of the main transmission line.

Phase 2 (Dec. 2016 – Sept. 2017) will consist of the installation of the main transmission line. Construction will happen in stages. Total time for construction will be about a year.

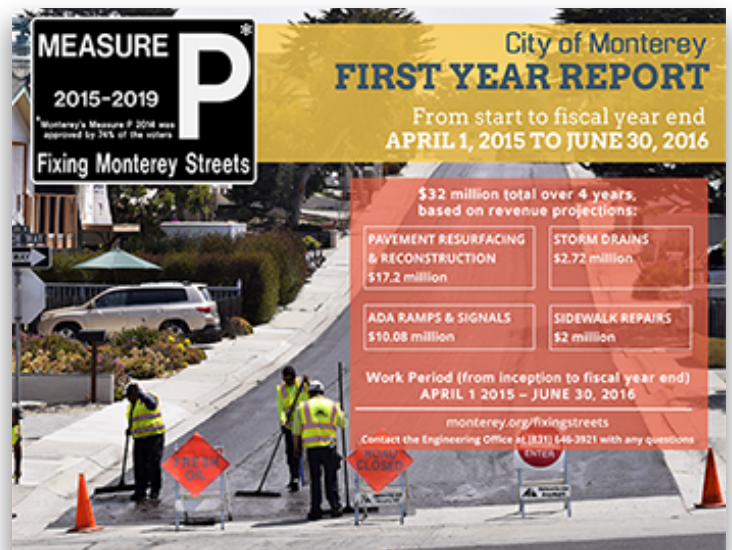
For more information about the project and to sign-up to receive CalAm Pipeline email notifications visit - watersupplyproject.org. Also make sure to check out the City's weekly construction updates at monterey.org/construction and our CalAm Monterey Pipeline Project web page, which includes a link to the PIPELINE MAP.

Get your copy of Monterey's Measure P First Year Report

Monterey's Measure P was approved by 74% of the voters in 2014. Find out the Measure P progress made during the work period (from inception to fiscal year end) April 1, 2015 - June 30, 2016. This includes pavement resurfacing & reconstruction, storm drains, ADA ramps and signals, and sidewalk repairs.

Print versions are now available at public city offices, the library and community centers. Mobile-friendly digital and PDF versions are available at monterey.org/fixingstreets.

monterey.org/fixingstreets



"What a Relief" Sewer Rehabilitation Project 75% complete

The "What a Relief" Sewer Rehabilitation Project has six packages worth a total of \$16.8 million in capital investment. Packages 1, 2 and 4 are 100% complete. Packages 3, 5, 6 are over half complete. The overall program is close to 75% complete, with full completion expected by summer 2017. With most of the neighborhood sections finished, the project has shifted to more congested business districts.

The City of Monterey thanks the community for their continued patience and understanding during this important infra- structure improvement project. The work schedule is subject to change. Details and updates will be posted under "Construction this Week" at monterey.org/fixingsewers.



"What a relief"

Monterey's Sewer Rehabilitation Project

Working for you 24/7



New on the Monterey Channel



monterey.org/TV

New on the Monterey Channel - Architectural Review Committee (ARC), Historic Preservation Commission (HPC) and Parks and Recreation Commission (PRC) meetings are now broadcast on the Monterey Channel cable television and on Video-on-Demand, along with the City Council, Planning Commission and NIP meetings.

A new schedule will include these meetings as well as original programming on a variety of fun and interesting topics.

Watch for the new schedule posted soon at Monterey.org/TV, and find the link to the live stream.

Meet the Monterey Conference Center's new GM

Hospitality veteran, Doug Phillips, is the new General Manager of the Monterey Conference Center. Spanning a distinguished 30-year career in the hospitality industry, Phillips has served as Director of Sales & Marketing for the Town and Country Resort & Convention Center in San Diego, Executive Assistant Manager/Director of Sales & Marketing for the



Monterey Plaza Hotel & Spa, Director of Operation and Director of Sales & Marketing for Mauna Kea Beach Hotel and worked with other properties in California, Hawaii, Washington and Colorado.

"The Monterey Conference Center is beginning a new chapter," said Monterey City Manager Mike McCarthy. "Doug brings the experience and leadership needed to position Monterey as a premier meeting destination."

"I look forward to working with Doug as we complete the Conference Center Renovation project by next spring and revitalize our group and local business," said Community Services Director Kim Bui-Burton.



Phillips has served on the Board of the Monterey Peninsula Chamber of Commerce, the Monterey County Convention and Business Bureau, currently works closely with the San Diego Sports Commission and the San Diego Blood Bank, and considers partnerships with local community organizations essential to fostering the overall success of a destination.

MontereyConferenceCenter.com

Bicycle Sharing Program - PLEASE TAKE THE SURVEY! <https://www.surveymonkey.com/r/sharemry>

The City of Monterey is considering a bicycle sharing program to provide bicycling as the better alternative to waiting in traffic, polluting the air, and circling for parking. Bicycle sharing will connect people, who prefer not owning a bike, to workplaces, academic and military institutions, and other cities in conjunction with local public transit.



What is bicycle sharing?

Bicycle sharing provides a network of bicycles available at self-serve kiosks around the city. Users are able to access the bicycles with the use of a card by purchasing a daily, weekly, monthly, or annual membership. Most existing systems allow

users to make as many trips as often as they like without an additional charge provided they return the bicycles to a kiosk within 30 to 60 minutes (small graduated fees are incurred for keeping a bike beyond the time limit). Users can pick up a bicycle at any self-serve kiosk and return it to any other kiosk located within the system's service area. Kiosks are situated at key locations and provide a cost-effective mobility option for trips too far to

walk, but too costly to make by taxi or private vehicle.

Over 300 cities worldwide are investing in bicycle sharing as a relatively inexpensive mobility option and extension to a region's public transportation offerings.

This 10-question survey will help us learn what type of bicycle sharing program would best serve our city.

TAKE THE SURVEY!

Monterey beaches now "alcohol-free zone"

BY COMMUNITY SERVICES
DIRECTOR KIM BUI-BURTON

Beginning October 6, 2016, City of Monterey beaches joined City parks in becoming "alcohol-free zones." Except by permit, alcohol is now prohibited in all City beaches, in line with all other beaches on the Central Coast except Carmel.

"We responded to quality-of-life issues and resident concerns," says Monterey Police Chief Dave Hober. Input about the proposed alcohol ban was solicited at neighborhoods, at Parks and Recreation Commission meetings and through social media and the press. The majority of responses received favored this change to improve the beach experience for families, residents and visitors.

Now that the ban is in effect, signage will be posted at City beaches to provide information about the

ordinance and about obtaining a permit for beach alcohol use. In addition, police officers will be conducting an education effort to alert beach goers to the new ordinance and explain compliance. Enforcement will begin after outreach is completed.

For more information, please contact Community Services Director Kim Bui-Burton at buiburton@monterey.org or 831-646-5601.

"We responded to quality-of-life issues and resident concerns."
Monterey Police Chief Dave Hober



Monterey Police aid homeless woman



MontereyPolice.org

Monterey Police Officers Rusty Jenkins and Amy Groner had been working with a 47-years old homeless woman, who had consistently been arrested for substance abuse over a long period of time. Both officers had offered to assist in getting her into a treatment program. The woman told the officers she had been homeless for the past three years.

Officers Groner and Jenkins contacted two sober living environments in Salinas to inquire about getting the woman into a substance abuse treatment program. Neither facility had room, but she was put on a waiting list and offered

outpatient services. The officers took her to the outpatient appointments and transported her to CHOMP in order for her to get her detoxification medication.

After two months, still with no room at either Salinas facility, the officers located another treatment center in Watsonville. In July, Groner and Jenkins helped get the woman into this program. Both officers contact the woman on a weekly basis to encourage her and check on her progress.

After three months, the woman is still attending the rehabilitation program for her substance abuse. This is a stellar example of what the Monterey Police Department is doing to help address the homeless issues in our community.



Each Friday, "Baby Rhyme Time" is followed by "Stay and Play" – a time for children birth through age two and their caregivers. "Baby Rhyme Time" is full of songs and games to build early literacy skills, but after the last finger play is finished and the babies are thoroughly bounced, the magic of community connection at the library really begins.

For the hour after story-time our library Community Room truly lives up to its name. Looking around you'll see eight-month-olds exploring textures by squeezing bumpy rubber balls, moms

playing peek-a-boo with their infants, two year olds laughing as their daddies play with puppets, and everywhere parents making friends, comparing notes and supporting each other.

"Stay and Play" helps parents in our community find the information and support they need to give their children the best possible start.

Monterey.org/library

We already know we are lucky to live here, but did you know Monterey was recently ranked as one of the healthiest small towns in America?

According to The Health Science Degree Guide Monterey is one of the "... towns that have proven time and time again that their residents are dedicated to living a healthy lifestyle by consistently exceeding the average amount of exercise recommended by the national government. "

Congratulations Monterey!

health-science-degree.com/20-healthiest-small-towns-america/



**SEE THE
FULL REPORT**

"Stay & Play" at the Library

BY SPECIAL SERVICES
COORDINATOR
JEANNE MCCOMBS



**Monterey
ranked
one of the
healthiest
small towns
in America**

Have a great idea to improve your neighborhood? Now is the time to submit your idea to the Neighborhood Improvement Program (NIP)!

A NIP project is any public improvement (not on private property) that improves streets, storm drains, sewers, sidewalks, walkways, lighting, traffic control devices, landscaping and beautification, parks, recreational facilities and other public building improvements.

Fill out the NIP Project Nomination Form to submit your idea. **The deadline to submit a project is February 17, 2017 but we encourage you to send it in by December 1, 2016.**

Established in 1985, the Neighborhood Improvement Program (NIP) directs tourist-generated dollars directly back into the City's residential neighborhoods. Under a Charter Amendment, at least 16 percent of the



PROJECT EXAMPLE: Replace beach boardwalk at West parking lot, Beach and Tide Streets, extending the boardwalk's ending point closer to the beach.

money collected through hotel taxes (Transient Occupancy Tax) must be spent on neighborhood and community improvements. This fiscal year more than \$3 million will be allocated to the NIP. Over the past thirty years the NIP has invested over \$55 million into the City for the benefit of the community.

Watch for the schedule of upcoming meetings starting in spring 2017.

Submit your idea for a neighborhood improvement!

PROJECT NOMINATION FORM 

Also available at monterey.org/NIP

**or call
(831) 646-3887**

Check out the photos from a recent NIP project, the ribbon-cutting and free throw contest event for the new lighted outdoor basketball court, adjacent to the Recreation Trail at Foam Street and Cannery Row. With special guest, Santa Cruz Maverick's Mascot, Mav'Riks the sea turtle.



NIP Project - New Outdoor Lighted Basketball Court

See more photos at monterey.org/rec

Improve your recycling IQ

BY SUSTAINABILITY COORDINATOR TED TERRASAS

MontereyRecycles.org

Just about everyone wants to chip in and will try to recycle items that they are discarding. However, it is also important to give those items the best chance possible that they will actually be recycled when they get to a recycling center. Let's consider a few key points to keep in

wire hangers, ceramics, wet paper, juice boxes, used napkins or paper towels, and Styrofoam. To see what items are appropriate for your blue bin (in the City of Monterey) please visit Montereydisposal.com, and go to the Our Services drop down menu

and choose Residents. For other cities, please contact your local waste hauler or visit their website.

3. Properly dispose of hazardous waste including paint, motor oil, batteries, medical waste and electronic waste. For

example, just because electronic waste may be recyclable, it does not mean that your blue bin is the place to dispose of it. For information on how to properly dispose of these items please visit MontereyRecycles.org and click on Household Hazardous Waste.

4. Reduce, Reuse and then Recycle – One of the most important things to remember is that just because someone is recycling, it does not mean that

person is being sustainable. For example, if someone consistently buys flats of water bottles and recycles them, it is better than throwing them away, but it is worse than using a reusable bottle and filtering water directly in your home. Recycled water bottles must be created, filled, shipped and then collected, transported and recycled over and over again in a loop that is causing impacts to air quality, traffic and environmental contamination. This is just one example, but there are many examples of single use items that are just as wasteful (e.g. straws, plates, cups).

There are so many different items that we use daily that it can be confusing to determine what is recyclable. Just remember that there are several resources available to assist you including your local waste hauler (Monterey City Disposal: 372-7977), local landfill (MRWMD: 384-5313), and of course the City's Sustainability Program (646-5662).



mind when recycling:

1. Make sure containers are empty and free of contamination – Little bits of milk, pasta sauce, dressing and even water left in a container will not only make that item unrecyclable, they also pose a threat to spill all over other clean recyclables in the load and ruin them as well.

2. Be aware that there are several items that you might think are recyclable, but are not suitable to place in your blue bin, such as pizza boxes (if grease is on them),

**America Recycles Day
November 15
AmericaRecycles.org**

#BERECYCLED



America Recycles Day

A KEEP AMERICA BEAUTIFUL INITIATIVE



Cell phone overuse can create "iHunch"

BY MONTEREY SPORTS
CENTER FITNESS
MANAGER
BILL ROTHSCILD

**Monterey.org/
sportscenter**

Are you a cell phone checker? Do you constantly find yourself hunched over checking your text messages, Tweets, and Facebook updates? Ergonomically, this can be very bad for you and lead to significant postural issues that can create strain on your neck, your shoulders, and even into your wrists. According to Amy Cuddy, a professor at the Harvard Business School, recent research indicates that not only does the constant iHunch create physical issues for us; it may also be contributing to self-esteem issues.

According to Cuddy's research, the slouchy, collapsed position we take when using our phones actually makes us less assertive and less likely to stand up for ourselves when the situation calls for it. Cuddy goes on to say that there appears to be a linear relationship between the size of your device and the extent to

which it affects you: the smaller the device, the more you must contract your body to use it, and the more shrunken and inward your posture, the more submissive you are likely to become.

The average head weights about 10 to 12 pounds. When we bend our



necks forward 60 degrees, as we do to use our phones, the effective stress on our neck increases to 60 pounds – the weight of about five gallons of paint.

Cuddy recommends that you focus on keeping your head up and shoulders back when looking at your phone, even if that means holding it at eye level.

Regular stretching of the muscles of the neck, upper back, and shoulder area and massage can also help counter the negative effects of iHunching. Our two Physical Therapists at the Sports Center regularly assist individuals on adjusting their work environments and work

habits to reduce postural issues that lead to neck, shoulder, and carpal tunnel problems. The Monterey Sports Center physical therapists can provide physical therapy, ergonomic evaluations and training, and aquatic physical therapy. They take most forms of insurance including Medicare.

Latest play!Monterey Activities Guide

BY MONTEREY
RECREATION
SUPERVISOR
SHANNON LEON

Start planning to fill your plate with fun activities for all ages, when the newest issue of *play! Monterey* (good December-May) is released on Monday, October 24. Guides will be available online at monterey.org/rec or at the Monterey Recreation Administration Office at 546 Dutra Street, 646-3866.

**Winter/Spring Registration – Begins Wednesday, October 26
Monday - Friday, 8:00am - 4:00pm**

Monterey Recreation Administration Office, 546 Dutra Street

Registration for all winter/spring programs at the Monterey Sports Center begins on Wednesday, October 26 at 5:30am for everyone! Don't forget that online registration is also available 24/7 at monterey.org/rec.





Find a listing of area holiday events online at seemonterey.com

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City Manager's Office

City Hall
580 Pacific Street
Monterey, CA 93940

(831) 646-3760

Suggestions:

(831) 646-3793

MontereySuggest@monterey.org
monterey.org/cityfocus

MAYOR

Clyde Roberson

COUNCILMEMBERS

Timothy Barrett

Libby Downey

Alan Haffa

Ed Smith



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