

# City Focus

Winter 2016

volume XXXI, no. 1

## It's happening! Conference Center breaks ground



L to R: Monterey City Manager Mike McCarthy, Mayor Clyde Roberson, Councilmembers Timothy Barrett, Alan Haffa, Libby Downey, Ed Smith

Construction of the Monterey Conference Center is underway. Stronghold Engineering, Inc. of Riverside, CA has mobilized its crews at the site. Stronghold and its sub-contractors will gut the building, reconfigure the interior space, and construct a new two-story glass entryway.

Construction began December 7, 2015 and is expected to continue at the site through fall 2016.

The renovation will add

more than \$60 million in physical and technological improvements to the Conference Center.

When it re-opens, the Monterey Conference Center will offer more flexible meeting space, more usable pre-function space, advanced technology, and the ability to host multiple meetings simultaneously in a LEED-certified building.

"The Monterey renaissance is well underway," said City

Manager Mike McCarthy.

"It's happening because of strong public - private partnerships. I want to thank our hotel and lodging facility partners for making the Conference Center renovation possible."

**Grand opening  
expected in  
early 2017**

L to R: City Manager Mike McCarthy, former mayor Dan Albert, Mayor Clyde Roberson, former mayor Peter Coniglio

**More photos**



**Monterey Conference Center Construction Live Camera**

<http://construction-cam-1.click2stream.com/>



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## Highway 1/Highway 68 Roundabout Construction Update



In early January, AT&T began installation of ductwork for fiber optic cable in preparation for the Holman Highway 68 Roundabout project. The five-week utility relocation project timetable is weather dependent. The utility relocation is not expected to close any traffic lanes or affect traffic in the area. However, residents and visitors can expect to see trenching in the shoulder on northbound and southbound Highway 68 (Holman Highway), and may experience some noise while the project is underway.

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The Holman Highway 68 Roundabout Project is designed to relieve congestion near the Highway 68/Highway 1 intersection, and will greatly improve access to the Community Hospital, Pacific Grove, Monterey and Pebble Beach. The project is a public/private partnership between the City of Monterey, Pebble Beach Company, TAMC, the Monterey Bay Unified Air Pollution Control District, Monterey County, and Caltrans.

Construction is now expected to begin this spring, after the AT&T Pebble Beach Pro Am. The most significant impact times will be confined to three, two-week periods. Currently anticipated with the understanding that the schedule may change, the first being this summer during the day, the second in fall at night and the third in winter at night. Detours during those time frames will be clearly marked. Emergency vehicles will be permitted to pass with help from the California Highway Patrol.

The construction schedule will also accommodate other major events in the area throughout the construction time line.

Community outreach meetings will be scheduled in March and April. These meetings will be a great opportunity to see the plans and simulations up close. If you don't want to wait for the meetings, you can take a look now by visiting the Transportation Agency of Monterey County (TAMC) website at [tamcmonterey.org](http://tamcmonterey.org). You can also receive project updates throughout construction, by signing up for Highway 68 Roundabout email notification.



## ACTIVE SHOOTER HOW TO RESPOND



# Active Shooter Preparedness

BY MONTEREY POLICE  
SERGEANT ETHAN ANDREWS

More information and resources on active shooter preparedness can be found on [montereypolice.org](http://montereypolice.org)



## Monterey Police now on Nextdoor <sup>TM</sup>

An active shooter is defined as a person or persons engaged in killing or attempting to kill people in a populated area. These tragedies evolve rapidly and often the victims are chosen at random. Unfortunately, across the nation incidents involving an active shooter are occurring more frequently, but having a plan can save lives. Whether at work, school, or out in public, the Monterey Police Department encourages people to adopt a plan of run, hide, and, as a last resort, fight.

### 1 RUN

- ▶ Have an escape route and plan in mind
- ▶ Leave your belongings behind
- ▶ Evacuate regardless of whether others agree to follow
- ▶ Help others escape, if possible
- ▶ Do not attempt to move the wounded
- ▶ Prevent others from entering an area where the active shooter may be
- ▶ Keep your hands visible
- ▶ Call 911 when you are safe

### 2 HIDE

- ▶ Hide in an area out of the shooter's view
- ▶ Lock door or block entry to your hiding place

- ▶ Silence your cell phone (including vibrate mode) and remain quiet

### 3 FIGHT

- ▶ Fight as a last resort and only when your life is in imminent danger
- ▶ Attempt to incapacitate the shooter
- ▶ Act with as much physical aggression as possible
- ▶ Improvise weapons or throw items at the active shooter
- ▶ Commit to your actions . . . your life depends on it

Once law enforcement arrives on scene, first responding officers are trained specifically to immediately engage the shooter. This means officers will bypass victims in order to stop further loss of life. Rescue teams will eventually assist victims but if a "self rescue" is possible don't wait. Never consider yourself a "helpless victim" in active shooter incident. Run. Hide. Fight.



[Watch the video](#)

In addition to connecting on Facebook and Twitter, the Monterey Police Department is now using the social media platform "Nextdoor" to share information on crime prevention, safety, public events, and notifications to Monterey residents.



communication and strengthen collaborative relationships with the public they serve in order to build stronger, safer neighborhoods throughout our community.

Visit [Nextdoor.com](http://Nextdoor.com) to learn more.

The purpose is to increase lines of

# Breathe Easy

BY MONTEREY CITY ATTORNEY  
CHRISTINE DAVI

The City Council passed legislation effective January 14, 2016 to prohibit smoking on Municipal Wharf II, and the use of e-cigarettes (vaping) everywhere cigarette smoking is prohibited. Smoking is already restricted on City beaches, the Recreation Trail, on Municipal Wharf 1, and other areas.

The purpose of expanding no smoking laws is to protect the public health, safety, and welfare by reducing the number of locations in the City where exposure to secondhand smoke can occur.



# Medical Marijuana Update

BY MONTEREY CITY ATTORNEY CHRISTINE DAVI

The State recently adopted laws regulating the cultivation and delivery of medical marijuana. Medical marijuana deliveries can only be made by a dispensary in a city that does not explicitly prohibit it by local ordinance. In response, the City Council amended the City Code to expressly prohibit the delivery of medical marijuana.

The new State laws also provide that cities that do not have an ordinance regulating or prohibiting cultivation will lose the authority to do, so as the State Department of Food and Agriculture will become the sole licensing authority. The City amended its ordinance to expressly prohibit cultivation.



The City Code amendments were for purposes of protecting public safety, and to prevent the diversion of Monterey Police Department and Code Compliance resources from other law enforcement and regulatory priorities.

# Update to monterey.org coming this spring

The City website at monterey.org is preparing for a revision that will be launched in the spring or early summer. In this next edition, we will introduce better navigation,

faster speed from all devices, content added in Spanish, a cleaner design, more information about city parks, updated maps, a better search function and enhanced ADA features. If you are interested in helping test

and review the new site, please let the webmaster know: call (831) 242-8750 or email [MontereyWebmaster@monterey.org](mailto:MontereyWebmaster@monterey.org)

# Monterey Police Officers spread holiday cheer

BY MONTEREY POLICE LIEUTENANT JEFF JACKSON

Members of the Monterey Police Department were able to spread some holiday cheer from just before Thanksgiving through the new year, thanks to a generous donation. An anonymous donor gifted the Monterey Police Association (MPA) \$2,500. This donation came with instructions to "pay it forward" for people who are in need.

The MPA then used the money to procure (100) \$25.00 gift cards to Target and Safeway. Officers have had the opportunity to interact within the community in a positive way that benefits everyone involved. "In law enforcement, we often see tears of pain and sorrow. It has been a gift to be able to reach out to those in need and see tears of joy and

happiness," said Officer Kim Zook. "Giving them out was a great experience....each person was surprised and very thankful," said Officer Brent Hall.



The donor had three requests:

- ▶ To remain anonymous
- ▶ To be able to give in a positive and meaningful way
- ▶ To assist the police in being seen in a positive light and to assist in building community relationships.

The Monterey Police Association and the Monterey Police Department were honored to be able to participate in such a positive project during this holiday season and thank the anonymous donor for generosity, caring and support.

## Connect



[/MontereyPolice](#)



[@MontereyPolice](#)



[Now on Nextdoor](#)

# Bicycle and Pedestrian Safety Program for Monterey

BY TRAFFIC ENGINEERING DIVISION

The City is committed to making Monterey safer for cyclists and pedestrians. The City has been awarded a grant from the California Office of Traffic Safety (OTS) to implement a year-long Bicycle and Pedestrian Safety program. The grant will fund the development of age-appropriate education programs that will increase awareness of traffic rules, rights and responsibilities. These programs are

developed to be attractive and interactive in an effort to truly impact residents with the traffic safety messages imparted. The grant will cover the purchase of over 300 bicycle helmets and other safety equipment for distribution to school age children.

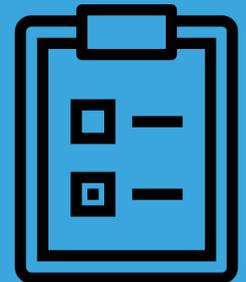
The Bicycle and Pedestrian Safety program fulfills the education portion of traffic safety in the City of Monterey and

will enhance the safety of all users in our City.

**Take the Bicycle and Pedestrian Safety survey** which includes a section to test your pedestrian and bicycle safety skills!

Funding for this program is provided by a grant from the California Office of Traffic Safety through the National Highway Traffic Safety Administration.

**Make an impact - Take the Survey!**



# El Niño and winter storms - be prepared

BY MEDIA ASSISTANT  
ERIC PALMER

If El Niño rainfall predictions are correct, we may see some powerful rainstorms and gusting winds. Winter storms can cause flooding, power outages, downed trees and other hazards. Preparing your house and family now will help keep you safe and equipped for emergencies.

Visit our new Storm Center web page for a list of resources to be prepared before, during and after a storm. You'll find Monterey sandbag sites and local contact information for power

outage, storm drain, tree and street-related issues.

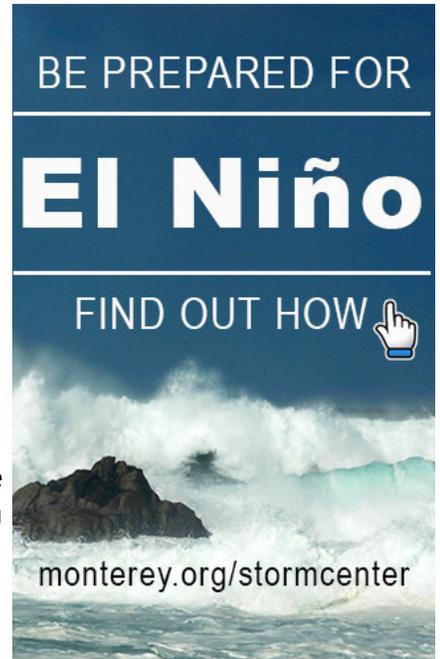


Sign up for Alert Monterey County's

emergency notification service. It uses the 9-1-1 database to deliver emergency messages to phones and/or email addresses in a specific geographic area. Register online at [alertmontereycounty.org](http://alertmontereycounty.org).

The Federal Emergency Management Agency (FEMA) recommends that everyone "Make a Plan. Be Informed. Build a Kit." You can "be informed" by reading our preparedness tips and following us on Twitter.

Visit the Monterey Storm Center page at [monterey.org/stormcenter](http://monterey.org/stormcenter) and follow us on Twitter @cityofmonterey.



## CERT class scheduled for March



Enhance your disaster preparedness skills - sign up for the Community Emergency Response Team (CERT) training happening in March. Visit [MontereyCert.org](http://MontereyCert.org) and click on the Training page.



**CERT Members train for rescue operations**  
[MontereyCert.org](http://MontereyCert.org)

# C-SPAN Cities Tour visits Monterey

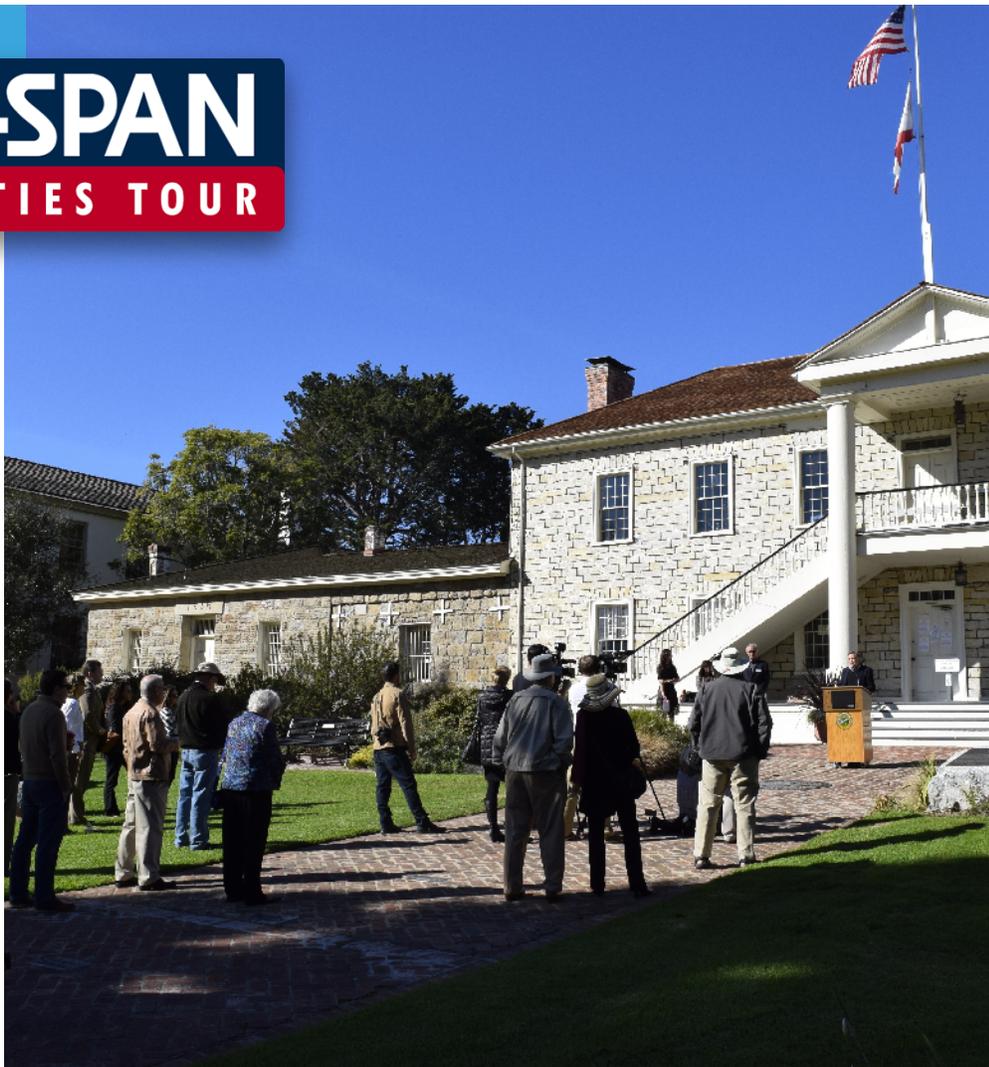
## C-SPAN CITIES TOUR

C-SPAN's 2015 Cities Tour takes the Book TV and American History TV (AHTV) programming on the road and in November, 2015 made a stop in Monterey. C-SPAN travels to selected cities to feature the history and literary life of these communities.

They choose cities that are rich with history and have interesting local literary communities, but not often featured on the national scene. With their visit to each, they hope to bring a little of each city's heritage to their nationwide audience.

Equipped to shoot and edit on location, they met with students, teachers, and local leaders to talk about the work they do for C-SPAN and their efforts in the community.

Enjoy all the video segments at [www.c-span.org/citiestour](http://www.c-span.org/citiestour)



## City employees community giving a worthy tradition

BY COMMUNITY SERVICES DIRECTOR KIM BUI-BURTON

For many years now City of Monterey employees have given back to our community, and to fellow co-workers, during the holidays and all year round. Through payroll deductions, and one-time donations to the United Way Monterey County Workplace Giving campaign, City employees support local non-profits that provide services beyond what the City can do.

With 1 out of 3 residents helped by United Way, City employees who give appreciate that their contributions are put to use in Monterey County. Over

thousands of employee dollars are contributed annually to help seniors, homeless youth, free food distribution, 2-1-1 assistance and other important efforts.

Another City staff tradition is an annual Holiday Employee Assistance Program, which began over a decade ago to provide confidential assistance to members of the City workforce in financial distress at the holidays, through personal employee giving.

In 2015 cash donations were raised to help struggling co-workers put food on their tables, pay rent or

keep utilities on, cover unexpected medical expenses and still be able to provide gifts for family members. In fact, some of the most heartfelt contributions are from employees whose past holidays were brightened by receiving the donations. They know the difference a gift of cash and caring makes, and are honored to be able to give back as they get on their feet again.

Learn more about the United Way Workplace Giving campaign on the Campaign Toolkit tab of [unitedwaymcca.org](http://unitedwaymcca.org).



# Are we making products or making garbage?

BY SUSTAINABILITY COORDINATOR TED TERRASAS

Convenience is often king in our day to day lives but many times it comes with an added hidden price. We often purchase or use items that are cheap, disposable and intended to only be used once, in other words they spend far, far more of their lifespan as garbage than as what they were created for. The problem is that this unimaginable pile of waste that we create every day all has to go somewhere, and much of it ends up where we do not intend it.



there are several options out there for reusable produce bags as well? Consider purchasing a few for grocery trips or the farmer's market.

**4. Take out containers** – Bring your own small container for leftovers or doggy treats when you eat out.

**5. Razors** – Try to avoid fully disposable razors and use one that allows you to only replace or sharpen the actual blade.

**6. Sticky notes** – Re-use office paper or even use your cell phone or desktop computer (Try: start menu > all programs > accessories > sticky notes) to leave notes for yourself.

Remember, just because some things seem like they are recyclable doesn't mean they are. For example, a disposable coffee cup often contains a plastic and wax lining that makes it non-recyclable in most communities. Think about all those little things you throw out every day and consider better options for getting through the day.

In addition, this creates a never ending cycle of using resources to manufacture, transport and recover material over and over and over again. Each step of this cycle has a range of environmental impacts that can be totally avoided by Reducing and Re-using! Let's take a look at a few common items that are often thrown in the trash but are easily avoidable:

**1. Coffee Pods** – If you are using a trendy coffee pod machine, use a

reusable pod instead of disposable ones. In 2013, the coffee maker Green Mountain produced 8.3 billion single brew coffee pods which is enough to circle the Earth 10.5 times!

**2. Plastic Straws** – This is one of those items we tend to just use because they are there, not because we need them. 500 million straws are used in this country EVERY DAY. Skip the straw or if you must use one, consider a glass or metal one that can be used repeatedly.

**3. Produce Bags** – We've done a lot of work to ban carry out grocery bags, but did you know

## Report illegal dumping

Dumping any pollutants or trash into the gutter, catch basin or the storm drain system is ILLEGAL. Please report any dumping to the City. Local ordinances limit storm water flows to clean rain water and non-polluted incidental flows like groundwater. Please do your



part to protect local waterways!

To report illegal dumping to the street, waterways, or the storm drain system, please call one of the following:

**(831) 646-3921 (during business hours)**

**(831) 646-3914 (during after hours)**

**911 (county-wide, anytime)**

# Grant money coming into the City

BY FINANCE ACCOUNTANT FELICIA MING

[monterey.org/grant-funding](http://monterey.org/grant-funding)

The City of Monterey receives numerous grant funds from federal, state and local agencies, including private foundations and other entities appropriated for specific purposes and used to support ongoing services, programs, and capital improvements city-wide. Grant funds are awarded at various periods throughout the year. Some of the

larger grant projects will extend over several years.

City departments and divisions are responsible in selecting, applying and administering grant funding specifically to serve the needs of the City. In addition, the Finance Department manages, monitors, and enforces the grants management process by working with the departments to ensure the City is

properly utilizing all available funding in addition to meeting the compliance and reporting requirements.

To see examples of grant funded projects please visit [monterey.org/grant-funding](http://monterey.org/grant-funding). The final funding amount may change. Contact the Finance office with any questions, (831) 646-3940

## 60th annual Cutting Day & Horticulture Faire, Saturday, March 19

Free Tree Seedlings, Bonsai Tree Display, Propagation, Drip Irrigation, Gardening Information, Waste Management, Master Gardeners, City Library Book Display and Information, Monterey Volunteer Gardeners

Call 646-3830 for more information or visit [monterey.org/whatsnew](http://monterey.org/whatsnew)

Don't miss it!

Download Flyer



## El Estero Park Improvements

BY MEDIA ASSISTANT ERIC PALMER

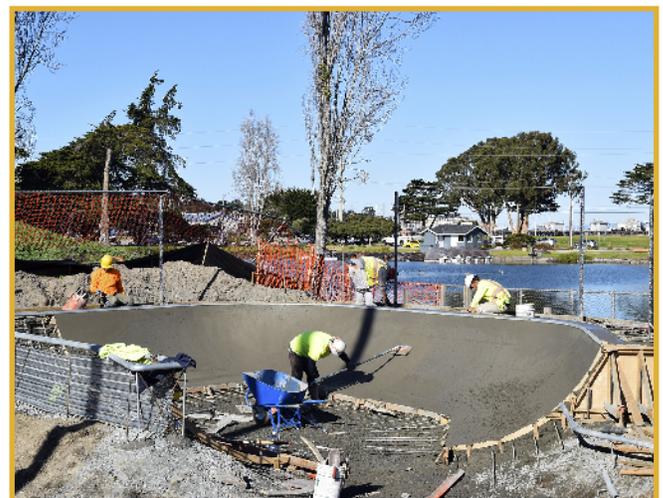
Two popular sport facilities at El Estero Park are being renovated. Frank E. Sollecito Ballpark will get a new artificial turf outfield and ADA improvements. The ballpark hosts the Monterey High School baseball team and the City of Monterey's field sports programs.

The 16 year old Monterey Skatepark will expand by 4,000 square feet with new obstacles. Skaters will enjoy a new pyramid, pipe rails and two ramps. "Our popular skatepark is aging and can be overcrowded. We've heard from local kids that it was time to introduce new features and expand the park," said Mayor Clyde Roberson.

Funds for the renovations come from the Neighborhood Improvement Program

(NIP), which uses tourism-generated revenue for community projects. NIP project nomination deadline is

February 12, 2016. Find a nomination form and more information at [monterey.org/nip](http://monterey.org/nip).





## 2016 Top 10 Fitness Trends

BY MONTEREY SPORTS CENTER FITNESS MANAGER BILL ROTHSCHILD

**#10 Yoga** - Based on ancient tradition, yoga utilizes a series of specific bodily postures practiced for health and relations. This includes Power Yoga, Yoyalates, Bikram, Ashtanga, Vinyasa, Kripalu, Anurara, Kundalini, Sivandanda and others. The Sports Center features a wide range of yoga classes including therapeutic and restorative classes to very challenging and dynamic yoga classes.

**#9 Exercise and Weight Loss programs** - In addition nutrition, exercise is a key component of a proper weight loss program. All of our fitness professionals provide solid nutritional advice along with exercise programming for successful weight loss programs.

**#8 Fitness Programs for Older Adults** - As the baby boom generation ages into retirement, the need for age-appropriate fitness programs to keep older adults healthy and active has increased. The Sports Center has been way ahead on this trend with a number of aquatic- and land-based classes developed to meet the needs of our older guests and our guests with special needs.

**#7 Functional Fitness** - This is a trend toward using strength training to improve balance and ease of daily living. The Sports

Center features a number of classes that emphasize functional fitness and balance.

**#6 Personal Training** - Education, training and proper credentialing for personal trainers have become increasingly important to health and fitness facilities and the staff at the Sports Center stands out in this regard.

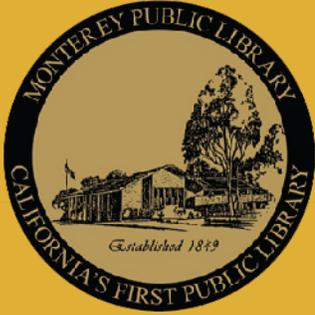
**#5 Access to educated and experienced fitness professionals** - The staff at the Sports Center is exceptionally well qualified with most of our personal trainers possessing four-year degrees in kinesiology along with advanced certifications from the National Strength and Conditioning Association and/or the American College of Sports Medicine.

**#4 Strength Training, both individual and group classes** - All new members of the Sports Center receive an orientation with one of our certified personal trainers who provide instruction on how to best use the equipment available to provide good functional strength training for all levels. Several of the group exercise classes also emphasize strength training for all levels. Incorporating strength training is an essential part of a complete exercise program for all physical activity levels and genders.

**#3 High-Intensity Interval Training (HIIT)** - HIIT involves short bursts of activity followed by a short period of rest or recovery, and is very popular at the Sports Center.

**#2 Body weight training** - Body weight training uses minimal equipment and allows people to get back to basics with training. A number of classes on the Monterey Sports Center group exercise schedule focus on body weight training as a fun, functional way of getting into and/or staying in good overall shape.

**#1 Wearable technology** is now the number one trend in fitness for 2016 according to a recent annual survey by the American College of Sports Medicine (ACSM). Wearable technology includes fitness trackers, smart watches, heart rate monitors, and GPS tracking devices. Tech devices are now central to our daily lives and have changed the way we plan and manage our workouts. Wearable devices also provide immediate feedback that can make the wearer more aware of their level of activity and can motivate the user to achieve their fitness goals.



## Chocolate & Wine Tasting Benefit at the Library

BY SPECIAL SERVICES COORDINATOR JEANNE MCCOMBS

The Friends of the Monterey Public Library present their 11th annual Chocolate & Wine Tasting Benefit on **Friday, February 19, 7 – 9 p.m.** in the Library.

Sample a wide array of Monterey County wines including Ventana, Morgan, Joullian, and enjoy an array of chocolate delights both sweet and savory. There will also be chicken and vegetarian mole, chocolate porters and brews for those whose tastes run toward beer. This is a real local event.



Meet up with friends and make new ones! Held throughout the Library, the event includes live music, a silent auction, great prizes and more fun than anyone

should be allowed to have in a library. Last year, the Friends raised almost \$20,000 for books and other library needs.

Tickets are now on sale and may be purchased at the Library \$30 in advance or \$35 at the door. Or visit the Friends' website [mplfriends.com](http://mplfriends.com) and buy your tickets online. Must be 21-up to attend. All proceeds benefit the Monterey Public Library.

For more information call (831) 646-3745 or send an email. The Monterey Public Library is located at 625 Pacific Street, Monterey.



## Summer Jobs in Recreation

BY RECREATION SUPERVISOR SHANNON LEON

Monterey Recreation is currently recruiting staff for our Summer programs. We are looking for people who enjoy being around lots of children and can be flexible and adaptable in a variety of situations.

Successful candidates need to possess a positive attitude that combines enthusiasm, spirit, cooperation, patience, and a willingness to learn. We are looking for candidates with strong references that indicate dependability and a sense of integrity.

Benefits for these positions vary according to each job but include income, work outdoors,

development of leadership skills and being a positive role model for children.

Positions available include Playground Recreation Leader, Day Camp Counselor, Camp Quien Sabe Resident Camp (Counselor, Kitchen Helper, Crafts Leader, Handyperson and Cook).

**The application deadline is Friday, March 18, 2016 by 5:00 p.m.** Apply at 546 Dutra Street, Monterey, 646-3866. Spread the word about our exciting job opportunities. More information can be found online at [monterey.org/rec](http://monterey.org/rec).





# City Focus Newsletter

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[www.monterey.org/cityfocus](http://www.monterey.org/cityfocus)

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Clyde Roberson

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Alan Haffa

Ed Smith

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