

SPECIAL EDITION

CITY OF MONTEREY



CITY FOCUS

A Report from the City of Monterey to Its Citizens and Friends

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Monterey Sports Center Opens With a

SPLASH

1992 marks the grand opening of the Peninsula's finest municipal facility – the long-awaited 56,000 square foot Monterey Sports Center. This newly constructed facility features a huge multi-sport gymnasium, a bright and airy aerobics and exercise multi-purpose room, a state-of-the-art weight fitness room, a fully-equipped indoor-outdoor tot activity room, and a spectacular natatorium with two indoor swimming pools, a giant circular slide, and an outside sunning area. This facility was truly designed to meet the recreational needs of every age and ability.

For the young and young at heart, the 110 foot "crazy eight" slide provides an exhilarating ride as you glide into the thirty-meter swimming pool below. For more spirited play, there is water basketball and water volleyball, or you can swim laps in the opposite end of the pool. If relaxation and soothing is what you seek, you will enjoy the 90-degree temperature of the smaller therapeutic pool,



Photograph by David Stock

which is equipped with handicap access. An abundance of swimming and water-related programs and classes are offered for every age and level of ability from tiny tots to seniors. Aqua aerobics, aqua fitness, and water polo classes add to the variety of aquatic experiences in the natatorium of the Monterey Sports Center.

The 14,000 square foot gymnasium was designed to provide maximum flexibility to its diverse users. There is ample room to enjoy basketball, volleyball, badminton, indoor soccer, and a variety of other sports. Instructional, drop-in, and league activities are programmed for those wishing to perfect and display their skills.

In the aerobics classes, calories fly and muscles tone as you move to the motivating beat of high-energy music. Aerobic classes, karate, and women's self defense are just a few of the classes offered in the spacious multi-purpose room.

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MONTEREY SP

Grand Opening

For those who enjoy the high-tech approach to fitness and health, our weight-fitness room offers a wide variety of state-of-the-art weight and exercise machines.

While you enjoy our facility and programs, you can entrust your little ones to the care of our capable staff in the fully-equipped tot activity room. Your child will be entertained with an assortment of toys, games, and creative activities.

The Sports Center features men's and women's locker rooms with many special amenities, such as private showers, mounted swimsuit dryers, and many other special touches to add to your

The natatorium features a 110-foot "crazy-eight" slide, 30 meter by 25 yard pool, and heated 6 meter by 25 yard therapeutic pool.



The gymnasium offers three cross-courts for basketball and a variety of other simultaneous sports activities.



Tacie Bull, Head Aerobic Instructor, coaches enthusiastic participants in the purpose exercise room.

SPORTS CENTER



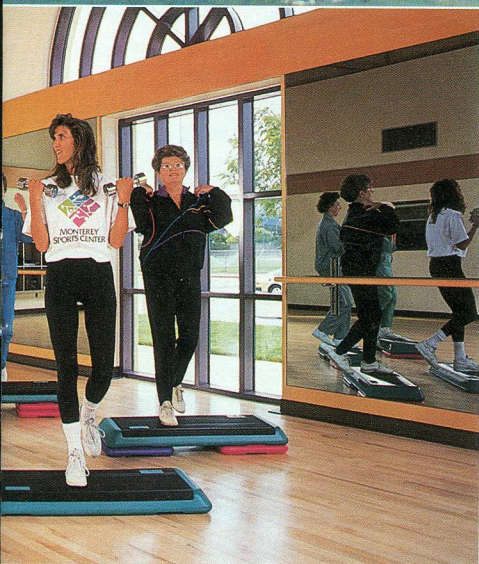
Roselyn Gose, Sports Center Staff Member, supervises young artists in the bright and cheerful indoor-outdoor Tot Activity Room.

Photography by David Stock

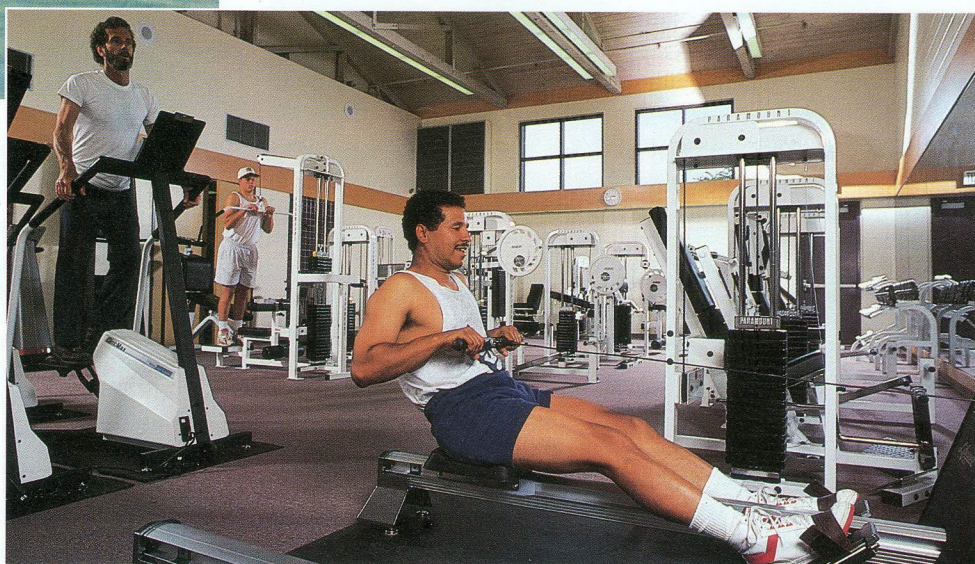
comfort and convenience. A special family dressing room is also available for families who wish to dress together in privacy.

The Monterey Sports Center, which is part of a total recreation and community services program, provides everything from drop-in recreational activities and personal fitness instruction to physical rehabilitation and a wide variety of organized programs, classes, and leagues. The new Monterey Sports Center has something for everyone from toddlers to grandparents and offers special programs for pre-teens, teens, adults, and the physically challenged of all ages.

For further information on programs, hours and rates, call 646-3700. Bring your family and come join the fun – make a splash at the Monterey Sports Center!



assists in the spacious and comfortable multi-



The weight-fitness room features state-of-the-art weight and exercise equipment.