### 2024 CAMP QUIEN SABE ENVIRONMENTAL TEAM (ET) CAMP

#### Dear Parent:

Since your camper is registered for Camp Quien Sabe, we feel some background information on the camp will be of interest to you. There will be about 20 camp staff members and 60 campers at camp each week. Campers will ride on a bus to Camp Quien Sabe, which is located at the Toro Regional Park Youth Overnight Area. Camp Quien Sabe is over 70 years old. Over the years, it has become a tradition in many families. Camp Quien Sabe is fun, safe, and above all else, devoted to seeing that all children have the best week(s) of their summer.

The camp is on an oak-studded knoll above the main park area at Toro Regional Park. The area is spacious and is completely separate and away from the day use facilities at Toro Park. The camp is equipped with a modern kitchen, restroom facilities and a swimming pool. Kids can go canoeing on the lake, which is well-supervised by the staff. Campers will sleep outdoors in sleeping bags under the stars. This program has full-time, understanding, and experienced staff.

The Environmental Team (ET) program was developed to provide a transition between the Regular Camp and the Work Experience Camp. The ET's concentrate their energies on observing and learning about the natural environment, conservation practices and ecological principles. Hikes, games, and other camp activities will concentrate on developing an understanding of what we can do to safeguard a healthy environment and planet.

All campers participating, regardless of where they live, must ride to and from camp on the bus on Mondays and Fridays. Campers need to be delivered by a family member or a guardian to the designated drop-off point in Monterey on Monday morning at 8am and picked up in Monterey on Friday afternoon at 3pm. CAMPERS NEED TO BE CHECKED IN BY AN ADULT ON MONDAY AND SIGNED OUT BY AN ADULT ON FRIDAY. Please note: the camp drop off and pick up location in Monterey is changing for Summer 2024. An update will be sent via email to parents/guardians of all registered participants. Drop-offs and pick-ups at camp will not be allowed.

YOUR CAMPER MUST ARRIVE IN CLOSED-TOED SHOES AND LONG PANTS. Please park in the designated area and unload bags and head towards the check-in canopy. We may need to ask you last-minute questions. The bus will leave at 8:30 a.m. You may bring your camper in as early as 7:45 a.m. The bus will return to Monterey at about 3:00 p.m. on Friday. ADDED NOTE: ON FRIDAY, PLEASE DO NOT PICK UP YOUR CAMPER'S GEAR FROM THE LAWN AREA. PLEASE LEAVE THAT TASK TO YOUR CAMPER.

On the reverse side of this sheet is a list of equipment needed for a week at camp. **Please put the camper's name on <u>EVERYTHING</u>**. It makes it much easier for us to get lost things back to you when names are on items.

If your child is bringing any special medication to camp, please send medication in the original package or bottle with specific directions for administration and dosage. Please do not pack over the counter or prescription medication in your child's suitcase. Please give medication to Director(s) when checking in your camper on Monday morning. Contact Camp Directors to discuss any issues. In the event of an emergency, we shall attempt to contact you (or people listed) immediately to notify you of our actions. In the case of medical care, we shall attempt calling you from camp. If necessary, we shall transport your child to a mutually agreed upon location or, if necessary, to the nearest emergency room where your child's doctor will be contacted, and emergency care will be given. If your child requires emergency medication such as an asthma inhaler or epinephrine to accompany him or her, please complete the Authorization for Emergency Medication located at monterey.org/rec.

For the safety of your child and the environment, your child's belongings will be subject to a search by camp staff for any illegal drugs, alcohol, tobacco products, fireworks, weapons, food, or cell phones. These items will be confiscated by staff and parents/guardians will be notified. Campers may be required to leave camp if any of these items are found in their possession.

If it rains (and it has several times in the past) do not worry. We are equipped to deal with rain. We sometimes get damp, but never cold, and our campers tell us that our weeks with rain have often been the most fun. The staff become very inventive during the rain. We will call you if we have any issues. Rain has never shut us down.

#### **CAMP QUIEN SABE VISITATION POLICY**

Interested parents are invited to bring their families and prospective campers to Camp Quien Sabe during a week <u>prior to</u> their camper(s) attending camp. Visitors will be shown around the camp and the program will be explained. This visit is a good way to acquaint your camper with the program and to develop comfort with the idea of being away from home.

It is our recommendation that personal visits should <u>not</u> be planned during the time your camper is attending camp <u>due to the shortness of time away from home.</u> Family visits occasionally result in homesickness in your child and others. On this same premise, we <u>do not</u> recommend sending letters to campers. We will contact you if your camper is inordinately homesick. We want your camper to enjoy their experience. Be assured we will contact you if there are any issues. The campers are not able to use the camp telephone to call home or receive calls except in an emergency. Again, we will confiscate cell phones.

Families wishing to make <u>arrangements for a visit</u> may do so by calling the Monterey Recreation at (831) 646-3866 or email: montereyrecreation@monterey.org. Parents wishing to make arrangements for visitations different than those above should contact the Camp Directors through Monterey Recreation.

Christina Cook, Sophie Hanashian, Susie Klinefelter and Chelsea Lee

Camp Quien Sabe Directors

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# CAMP EQUIPMENT LIST (PLEASE LABEL EVERYTHING WITH YOUR NAME) (PLEASE DO NOT BRING MORE THAN WHAT IS LISTED BELOW)

 _ 1.	Sleeping bag and two extra warm blankets unless your bag is well insulated.
 _ 2.	An ensolite or foam pad for sleeping on. This is a must! Air mattresses or large mattress pads are not recommended.
 3.	One small pillow and cover. We feel that a camper who is used to sleeping with a pillow will sleep better with one at camp. We want well-rested campers.
 4.	Three pairs of jeans; old, long ones. Two pairs of shorts for warm weather.
 _ 5.	Sturdy shoes or boots with good laces that fit comfortably. (NOT NEW ONES) No dress shoes or heels.
 _ 6.	Flip Flops, sandals, or old tennis shoes (to get wet) for swim time. Please send shoes appropriate for camp setting.
 7.	Enough socks and underwear to last the week.
 _ 8.	Three short-sleeved shirts, three long-sleeved lightweight shirts to prevent sunburn. We have sunscreen, but you may send a specific brand. with your child if you wish.
 _ 9.	One light-colored T-shirt or sweatshirt to be screen-printed at camp (with camp name) by the camper.
 10.	A VERY WARM JACKET - with a hood if possible. It can be windy at camp, so a warm, wind-proof jacket helps.
 11.	A warm hat or ski hat for cold, windy nights at campfire and possibly for sleeping.
 _ 12.	Toothbrush - we will provide the toothpaste.
 13.	Comb or brush.
_ 14.	Swimsuit and swim towel. Swim goggles (optional).
 15.	Chapstick/Lip Balm – Each camper must bring their own – no sharing.
 16.	One small hand towel and wash cloth (optional) for washing up - we will provide the soap.
 17.	WARM pajamas, sweats, or a nightgown.
 18.	Two CLOTH dinner napkins. These will be used rather than paper napkins. PLEASE BE SURE TO MARK THESE AND ALL ITEMS WITH CHILD'S NAME. Big, colorful bandanas work well here.
 19.	Flashlight with workable batteries.
 _ 20.	Sun visor or hat to prevent sunburn. THIS IS A MUST. We will call you if we do not get one.
 _ 21.	The campers will positively not need and should NOT bring any money, snacks (we have tons of great food and desserts), matches, knives, fireworks of any kind, fishing poles, IPods, cell phones or any type of electronic device. We will take them away.
 22.	Sports water bottle with a good carrier for personal use; no sharing.
 _ 23.	If you have more than one camper going to camp, please pack gear in separate bags.
_ 24.	ET's attending Week #5 (July 15–July 19) must bring a pack with either an exterior or interior frame. It must be sufficient to pack a sleeping bag, ensolite pad, some food, a jacket, and a few other items needed for our annual ET overnight. You bring the pack, we provide the food. We have a limited number of loaner packs – if you need to borrow a pack, you must contact the Recreation office AHEAD OF TIME to reserve one.
 _ 25.	If your camper is attending Week #6 (Homecoming Week: July 22-July 26) at CQS this summer, she/he will want to bring a silly tie and shirt for

IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT MONTEREY RECREATION AT (831) 646-3866 OR MONTEREYRECREATION@MONTEREY.ORG.

NOTE: PLEASE LABEL EVERYTHING – INCLUDING SLEEPING BAG!