

# Walk & Bike Safe in Monterey

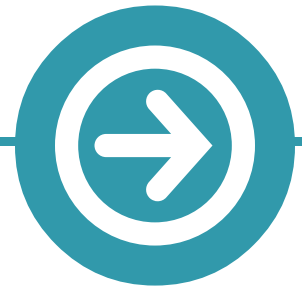
## SAFETY TIPS FOR BICYCLISTS



Bicyclists must follow the **same rules of the road** as motorists.



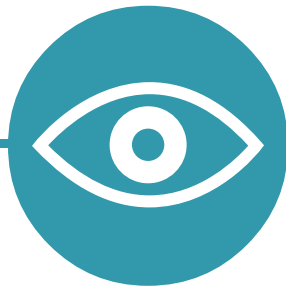
**Always wear a helmet.**



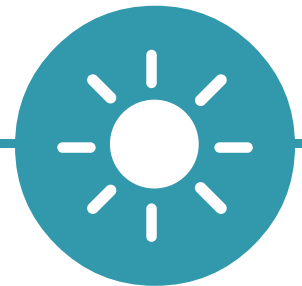
**Always ride on the right**, going in the same direction as traffic.



Use **hand signals** if you plan to turn, change lanes, or stop.



Be visible and predictable, never assume motorists see you - **make eye contact.**



**See and be seen:** use a headlight, taillight, and reflectors at night.