



MONTEREY POLICE DEPARTMENT

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Public Information – Subject With A Knife

On June 15, 2020, at approximately 2:22 a.m., Monterey Police Officers were dispatched to a report of a female subject who had threatened the clerk at Chevron, 351 Fremont Street, with a knife. Prior to Officers arriving on the scene, the clerk updated dispatch and said the subject was banging on the windows to the business.

Monterey Officers located the subject, a 33 years-old female of Monterey, in the area of Fremont and Abrego. The subject was armed with a knife and a handle to a hacksaw. The subject appeared to be suffering from a mental illness and repeatedly made “stabbing” motions in the air toward the Officers. When questioned, the subject said she had to protect people by “killing their doppelganger spirits.” The subject admitted she threatened the clerk’s “doppelganger,” but not the clerk, and demanded the Officers “to shoot her.”

Monterey Officers engaged the subject in dialogue and maintained a safe distance while trying to deescalate the situation for approximately 25 minutes. Ultimately, Officers utilized a clear plastic shield and were able to approach the subject and utilize body weight to take her to the ground and place her in handcuffs. Officers used the techniques taught in Integrating Communications, Assessment, and Tactics (ICAT) to safely apprehend the subject.

ICAT is a training program designed to give Officers a strong foundation in critical thinking as it relates to responding to crisis-related incidents and potential use of force situations. This training was developed by the Police Executive Research

Forum (PERF), a nationally recognized police research and policy organization, and a provider of management services, technical assistance, and education to support law enforcement agencies nationwide.

Due to the subject's actions, she was placed on a mental health hold and transported to the Community Hospital of the Monterey Peninsula (CHOMP) for a mental health evaluation.