



FOR IMMEDIATE RELEASE

DATE: August 17, 2020

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Group Exercise Coordinator

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Outdoor Group Exercise Classes at the Monterey Sports Center!

DAY/TIME: Monday through Friday 9:00 AM to 1:00 PM, 15 Classes Weekly!

FEE: \$8/Per Class

LOCATION: Sun Deck at the Monterey Sports Center
301 East Franklin Street (831) 646-3730

Although the Monterey Sports Center remains closed due to Governor Newsom's order on July 13, 2020, Outdoor Group Exercise Classes are BACK and registration is OPEN! Enjoy 15 weekly classes including BOSU, Zumba, Yoga, Strength Training, Kettlebell, Pilates, Barre, Cycling, Step and HIIT! Classes are open to the public and do not require membership. Registration is required from our website, www.monterey.org/sportscenter. For more information or details contact Lauri Ataide, Group Exercise Coordinator at ataide@monterey.org or (831) 646-3739.

NEWS RELEASE